

What is TTP?

Thrombotic thrombocytopenic purpura (TTP) is a rare blood disorder that causes small blood clots in blood vessels throughout your body.1

TTP can affect anyone, but it is more common in some groups of people than in others:²⁻⁴

People are generally between the ages of



years old when they have their first TTP episode

Women make up



of people with TTP

Black people are



more likely to have TTP than people who are not Black

Because blood clots from TTP can cause serious problems, they need treatment as soon as possible. The longer clots go untreated, the higher the risk of serious health problems.

What is aTTP?5-8

Acquired, or immune-mediated, TTP (aTTP) is one of two types of TTP. Caused by a problem in the immune system, aTTP:



Is the most common form of TTP



Often develops in adulthood



Is usually diagnosed because of a serious health problem

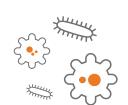
The cause of aTTP is unknown, but there may be **triggers**, including:1,9-11



Personal health conditions, including cancer, HIV, and lupus



Certain treatments and/or medicines



Infections



Pregnancy

Signs and symptoms of aTTP^{1,11}

Each person's experience with aTTP is different. You may have had some of the following symptoms, which can be signs of aTTP or a warning of having another aTTP episode.

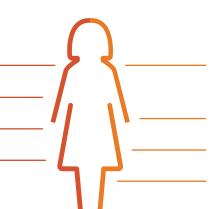
Bleeding-related symptoms

Bleeding from the gums or nose

Stomach pain

Blood in urine

Purple bruises (known as purpura) and/or red or purple dots (known as petechiae) on the skin



Blood clot-related symptoms

Headaches, confusion, and distorted vision

Chest pain

Seizures

Tiredness and jaundice (a yellowing of the skin and eyes)

The path to diagnosis

Doctors will look at the following to determine a diagnosis, which is the first step toward treatment:9



Physical symptoms



Medical history



Blood tests



Even though aTTP is serious, it can be treated.

Learn more at www.understandingttp.com.

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